

SAHITHI RASAKONDA

M.Sc. Psychology & Management | Aspiring Industrial & Organizational Psychologist

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PROFILE

Dedicated psychology student with extensive clinical internship experience in paediatric, cognitive, and counselling settings. Expert in psychometric assessments, evidence-based interventions, and cross-functional team collaboration. Committed to delivering high-quality, empathetic care whilst leveraging strong analytical and communication skills to drive positive outcomes.

EDUCATION

M.Sc. Psychology and Management - International School of Management, Germany

2024 - Present | Exchange Semester: St. Francis College, New York, USA (Fall 2025)

Focus: Organizational Behavior, Leadership, Cognitive Processes, Statistical Analysis, Human-AI Interaction. Major courses: General Psychology, Organizational and Management, Project Management, Research and Methodologies.

Diploma in Organizational Psychology - Cognizavest

2023

B.A. Psychology, Mass Communication & Literature - Villa Marie Degree College, India

2019 - 2022

Intermediate in Biology, Physics & Chemistry - Narayana Junior College, India

2016 - 2018

EXPERIENCE

Clinical Psychologist Intern - Rainbow Children's Hospital, Hyderabad

Jul 2023 - Jun 2024

One-year intensive clinical internship with paediatric psychologists and multidisciplinary teams. Conducted IQ/DQ assessments, ADHD screening, CARS, and SLD screening. Took case histories, prepared clinical reports, and assisted in individualized intervention plans. Volunteered at the National Conference on Autism Spectrum Disorder.

Social Media Marketing & Community Engagement Intern

2023

Designed and executed digital outreach campaigns, improving community engagement and brand visibility; collaborated cross-functionally to strengthen communication strategy.

Cognitive Rehabilitation Intern - ARDSI, Hyderabad Deccan Chapter

2022

Supported dementia-care programs through structured cognitive-rehabilitation activities; collaborated on therapy design and patient progress evaluations. Received Grade A for outstanding performance and empathy-based support.

Counseling Psychology Intern - Psychoflakes

2020

Conducted supervised counseling sessions and case analyses; participated in group interventions and presentations.

CERTIFICATIONS

Solution Focused Brief Therapy (SFBT) | Statistics and Data Analysis | AMI Adolescent Introductory Workshop | SuJok Therapy (Level 1) | Rorschach Inkblot Test Training | BSS Diploma in Acupuncture & Naturopathy

SKILLS & LANGUAGES

Psychometric Assessment, Evidence-Based Interventions, Case Management, Clinical Reporting, Statistical Analysis (SPSS), Data Analysis, Organizational Behavior, Project Planning, Negotiation & Conflict Resolution, Public Speaking, Cross-Cultural Communication, MS Office, Google Workspace, AI Productivity Tools.

Languages: Telugu (native), Hindi (bilingual), English (advanced), German (beginner), French (elementary).

ACHIEVEMENTS

Grade A for outstanding performance and empathy-based support (ARDSI). 1st Prize in Photography - Jupiter Academy of Audio Visual Communications. Volunteer in multiple community-wellness and mental-health awareness programs.